

Does laser treatment for hair loss really work?

There's nothing more abundant on this planet than light, it's everywhere! Except at night of course! The idea that light could be the answer to your prayers and help you to grow new hair is fascinating. Both men and women can use this alternative laser therapy treatment.

It is beneficial for people with thinning or no hair as it promotes new hair growth and is also beneficial at clearing up scalp complaints. Lasers are used to stimulate the skin of the scalp which should encourage healing. If you think about it, our body actually already uses light normally, so this is just an extension of that.

Laser therapy is where a high power light is used which is very efficient.

Laser treatments are very efficient, they do not require as much power as you might imagine. It's also very simple to use the machines, you just need to place a hood over the person's head and then press a button.

Different amounts of light can be used to treat different people in order to provide the best result. It typically takes around 30 minutes for a single session, these sessions should be continued every week for around 10 weeks or longer if desired. In order for this to be beneficial the light must be focused onto the areas which do not have hair.

Sunlight is very important, it helps plants grow. Amazingly light can also be used to help your hair grow!

After around 5 or 6 weeks of having the treatment you should notice a marked improvement to the bald patches on your head, dandruff should also be reduced if you had a problem with that already. By the 9th week you should notice new hair growing on your head in the problem areas. After the initial 9 or 10 weeks of treatment you should then have a booster treatment every month in order to maintain your lovely hair!

Laser comb

There is a different way of using laser therapy to treat hair loss, and that's with a laser comb. These devices have FDA approval so they are pretty safe. However they can only be used if you have lots of hair on your head already. When you comb your hair a laser shines onto your scalp and should stimulate new growth. However these devices can cost about \$500 which isn't cheap. It should only be used for around 15 minutes per day, a couple of times per day. You will have to wait around 6 months before you know whether this treatment is successful or not.

The idea of being able to use laser therapy to treat hair loss is wonderful, who knows in the future perhaps we will all have hair!

About the Author

Anita Johnston is an expert in the field of [Hair loss prevention](#), [hair loss vitamins](#) and [hair loss control](#) due to many hours of research. You can learn more about hair loss remedies and hair loss control by visiting [HelloHair.org](#)

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