

## How to Choose a Spider Vein Removal Treatment?

**What are Spider Veins?** Spider veins are just like varicose veins but are smaller in size. They start as tiny capillaries and gradually appear as blue or red spider net lines. These small red, purple, and blue veins are mostly seen on the surface of the inner thighs and calves.&nbsp;

According to many estimates there are at least one woman out of three of female population has this common but ugly problem. Mostly people seek spider veins treatments because of cosmetic reasons.

However, there are many other physical problems such as aching, itching and night cramps because of spider veins. The spider veins whether be isolated or may be associated with other feeder veins. They can be associated with larger varicose veins as well.

Usually spider veins take on one of three of following forms:

A - They may appear just like a spider shape with lots of veins spreading outward from a central point.

B - They may look like branches on a tree.

C - They may also be in a linear pattern and appear as thin separate lines.

There are certain factors that contribute to the aggravation of spider veins. Factors such as heredity, hormonal factors, pregnancy, obesity and weight gain, activities like prolonged sitting and standing, and stress & trauma.&nbsp;

Treatment for Spider Veins&nbsp;

There are many different treatments available for spider veins. Some of them are as follows.

A - Sclerotherapy for Spider Veins:

The most common form of spider veins treatment is Sclerotherapy. In this procedure the veins are injected with a solution. Using small needles when the solution is injected, as a result these spider veins are collapse and gradually fade from.&nbsp;

Effects of spider vein treatment: Apart from improving the cosmetic look it's also associated with symptoms as well. To obtain maximum benefit, a few sessions will be needed. During Sclerotherapy, the spider vein affected leg is elevated up to level of the drain, and the sclerosant-the solution is injected into these spider veins.&nbsp;

This procedure may take as little as 5 minutes to maximum of 30 minutes. It depends on the number of the spider veins being treated. However, there are some side effects as well as this spider vein treatment is painful as well as the solution (sclerosant) that is injected may cause a feelings like of burning or cramping for a few minutes in the effected area where it was injected.&nbsp;

Another thing is you may need to repeat sessions and number of injections per session may also increase depending on the size of the spider veins and type of solution injected.

B - Laser Treatment for Spider Veins

There is another treatment for spider veins. That is laser treatment. Nowadays lasers are also used to treat these spider veins. During this treatment, intense laser light is directed to the affected veins and eliminating these spider veins permanently.&nbsp;

Laser treatment is especially suitable to treat small spider veins and when the needles cannot be used to inject solutions. Usually bruising occurs in the treated area after laser treatments and it may last for a few weeks.&nbsp; The cost of laser treatment is usually higher compared to Sclerotherapy treatment for spider veins.

However, both treatments are good and have their own merits and demerits.

About the Author

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