

## Quick and easy recipes

In this age we are always short of time. We are always running to meet deadlines. We may be able to meet deadlines but mostly we are missing good, old home made food. Usually there is misconception associated with cooking that it takes too much time to prepare good food. Some recipes may take lots of time but fortunately there are many other recipes that are quick and easy.

Some of the ideas that are quick and easy to follow and time tested are:

Baked Salmon is one of the favorite dishes that is easy to cook and taste just great.&nbsp;

Use the marinated Salmon, usually available from stores, along with beans and other vegetables and bake all the items. Garnish it with sauce and herbs.

Chingri Beans is prawn dish that is easy to make and tastes great. In the spicy curry you cook prawns along with beans and onions.

Karahi Murg is dish made out of boneless Chicken. This dish takes very less time and tastes great. Boneless chicken is cooked in deep frying pan popularly known as Karahi in India.

Soya Murg is another dish that is easy to prepare and quite nutritious and delightful. Recipe makes use of preserved chicken pieces. These pieces are cooked with garlic, onion and grated ginger. Soya sauce and spices are used to spice up the dish.

Sweet Banana Dumpling is sweet desert that can be prepared quickly and tastes just great. Mango shake or Banana shakes are easy to make and nutritious natural supplements of food. You can use fresh or frozen fruits for the purpose. Garnish them with dry fruits or fresh fruits like cheery.

Milky Semolina is another example of quick and easy recipe. This can be excellent choice for breakfast or desert. You will need milk and semolina. Fry semolina a little till it turns little brownish, then add milk and sugar to the taste. Simmer it a little and your dessert is ready. Garnish it with chopped nuts and saffron. It is very light in nature and excellent food for recovering patients.

Turmeric Rice is colored and flavored rice. Turmeric is common ingredient in almost all vegetables and curries in India. Turmeric rice is rice fried in little turmeric with onion and spices.

Chili garlic prawn is another prawn based dish. It is easy on time and tastes great. It is spicy because of garlic and hot because of other spices.&nbsp;

Preparation of these recipes is little time consuming compared to ready to cook foods. But as far as taste is concerned ready to cook foods can never match the flavor and aroma of these quick and easy recipes. You will be able to find more of these recipes on the different websites dealing in quick and easy recipes. &nbsp;

## About the Author

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